

# SATUCI

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## Training Opportunities 2006

### Ethics and Issues in Co-occurring Disorders, Substance Use, and Mental Health

Presenter:

**Mark Smith, ACSW  
Licensed Independent  
Social Worker**

## Calendar of Trainings

### September 21, 2006

#### 9:00-12:00 Social Work and Substance Abuse Counselor Ethics.

This training discusses ideas for keeping social work and substance abuse counselor practice ethical. Iowa Administrative Rules, Iowa Statutes, and other frameworks for ethical decision-making are reviewed. The objective is to help individual participants to develop a framework for their own process of making ethical professional decisions.

#### 1:00-4:00 Therapy Techniques With Adults Who Have Depression or Anxiety Disorders and Substance Use Disorders.

This training is aimed toward outlining therapy techniques that are effective in dealing with adults who have depression and co-occurring substance use disorders. The benefits and limitations of individual and group therapy will be explored. The training will focus on symptom control, cognitive work, addressing overlapping and binding symptoms of both conditions, and efforts directed at establishing life-long wellness.

### October 12, 2006

#### 9:00-12:00 Interventions With Adult Survivors of Childhood Sexual Abuse Who Also Have Substance Use Disorders.

This training will focus on how to intervene with adult survivors of childhood sexual abuse, who concurrently have a substance use disorder. Techniques which have shown effectiveness will be outlined and assessment of the relationship between childhood sexual abuse and the onset, course and duration of symptoms associated with substance use disorder will be discussed.

#### 1:00-4:00 Healing Family Patterns Of Substance Use Disorders.

This training will provide information on steps, actions, and interventions that have proven successful in provision of therapeutic services to families where substance use disorders have been a part of their history.

### November 9, 2006

#### 9:00-12:00 Therapy Techniques With Adults Who Have Co-Occurring Serious Mental Illnesses and Substance Use Disorders.

This training will review successful therapy techniques and implications when substance abuse disorders co-occur with illnesses such as schizophrenia, bipolar disorder, obsessive-compulsive disorder, and/or schizoaffective disorder.

#### 1:00-4:00 Therapeutic Techniques Addressing Sleep Disturbance, Procrastination, Unresolved Grief, and Lack of Motivation.

This training is directed at skill development on some behaviors that can impede treatment efforts with substance use disorders. Identified areas often negatively impact provided treatment services. Techniques helpful with the management of these issues will be discussed.

### December 7, 2006

#### 9:00-12:00 Therapeutic Interventions With Couples Where One Person Has A Substance Use Disorder.

This training addresses the dynamics of relationships, the dynamics of substance use disorders, and the impact on relationships when using and when in recovery. Techniques are outlined that are effective in couples work when substance use is, or has been a factor.

#### 1:00-4:00 Therapeutic Interventions With Families Where One Member Has A Substance Use Disorder.

Identifies some maladaptive functioning often occurring in families when one member has a substance use disorder. Outlines some appropriate therapeutic interventions with family members.

### Continuing Education Units

**(CEUs):** SATUCI is an approved provider by the Iowa Board of Social Work Examiners. CEUs have been requested from the Iowa Board of Substance Abuse Certification. (IBSAC). Each ½ day session earns 3 CEUs.

Our trainer:

**Mark Smith, ACSW, LISW,** is Director of Special Projects at SATUCI. Mark has been a social worker in Iowa for over 30 years, and is experienced in the provision and direction of community-based public welfare, mental health and substance abuse services. He is an adjunct instructor for the University of Iowa School of Social Work, and a member of the National Association of Social Worker's Mental Health Specialty Section. Last year, he served as editor of a newsletter addressing mental health and substance abuse concerns. Mark was recently elected to the Board of Directors of the National Association of Social Workers.

**As a State Representative, Mark is serving his third term in the Iowa Legislature, where he is Ranking Member on the House Human Resources Committee.**

**Trainings Location:**  
Best Western Regency  
3303 South Center Street  
Marshalltown, IA 50158

**Visit SATUCI's Website:**  
[www.satuci.com](http://www.satuci.com)

## Registration Form

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Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_

State/ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_

Email: \_\_\_\_\_

### Continuing Education Units (CEUs) :

SATUCI designs continuing education units to meet the requirements established by the Iowa Board of Social Work Examiners. CEUs have been requested from the Iowa Board of Substance Abuse Certification. (IBSAC). Each ½ day session earns 3 CEUs.

\_\_\_\_\_ Social Work CEUs      \_\_\_\_\_ IBSAC CEUs

### Fees:

Full Day Session    \_\_\_ X \$75    \_\_\_

½ Day Session        \_\_\_ X \$40    \_\_\_

(Above fees are for those registered before the first day of the month in which the training is scheduled. After the 1<sup>st</sup> of the month in which the training is held, registration fees are \$95 for a two-training full day and \$50 for an individual ½ day session.)

**Send registration and payment to:**

## SATUCI

**9 North Fourth Avenue, P.O. Box 1453  
Marshalltown, Iowa 50158**

**Phone: 641-752-5421**



Brochure (Mark's 2006 Trainings) Revised 6-22-06

## Registration Form