

Parking:

Visit www.icpl.org/about/parking-ramps.php for maps & parking information.

Please allow ample time for parking.

Iowa City Hospice is your community-based, not-for-profit provider

Iowa City Hospice is our area's **not-for-profit** provider of hospice care and grief support services. Since 1983, our mission has been to help people **add life to each day** with comfort and dignity in mind.

Iowa City Hospice believes everyone deserves the best end-of-life care available. We offer care to patients, their families and friends throughout the dying and grief processes. Our staff also provides continuing education workshops and presentations on a variety of topics to support our healthcare partners and inform community groups in our seven-county service area.

Contact Us To Learn More About Iowa City Hospice:

www.iowacityhospice.org

(319) 351-5665 (800) 897-3052

1025 Wade Street

Iowa City, IA 52240-6626

info@iowacityhospice.org

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Iowa City IA 52240-6626



The Gifts of Grief Presented by Nancee Sobonya

Thursday, February 25, 2010
1:00-4:00 pm

Iowa City Public Library, Room A
123 South Linn Street Iowa City



CLASS

The Gifts of Grief presented by Nancee Sobonya

PURPOSE

This presentation explores the nature of grief and loss, using the educational documentary *The Gifts of Grief*. This workshop will aid attendants in identifying the physical, emotional and spiritual effects of grief. It will also highlight the resources that help people through loss, while helping participants discover the opportunities that loss may reveal. Professionals will find the workshop provides strategies for working with bereaved individuals and families.

DATE/TIME

Thursday, February 25, 2010, 1:00-4:00 pm

CLASS LOCATION

Iowa City Public Library, Room A
123 South Linn Street, Iowa City, IA

SCHEDULE

12:30—1:00 pm	Registration
1:00 — 2:15 pm	<i>The Gifts of Grief</i>
2:15 — 2:30 pm	Break
2:30 — 3:45 pm	<i>The Gifts of Grief</i> continued
3:45 — 4:00 pm	Questions and wrap-up

INTENDED AUDIENCE

The curriculum is intended for professionals and the general public.

OBJECTIVES

At the conclusion of this workshop, participants will be able to:

1. Understand that grieving is a natural and healthy process from which people can be changed in profound ways.
2. Be aware of cultural beliefs and issues surrounding grief, loss and death.
3. Recognize how loss impacts and transforms people's lives.
4. Utilize strategies related to searching for meaning, reclaiming joy and understanding the possibility of gifts that can emerge from significant loss.

FACULTY



Nancee Sobonya, MA is a Grief Counselor and Educator in Oakland, California. She is also the filmmaker, director and producer of *The Gifts of Grief*. Ms. Sobonya presents this highly acclaimed educational documentary at conferences, hospitals, faith communities, hospices and film festivals worldwide. Ms. Sobonya has been working in the field of death and bereavement for the past 22 years. She teaches at the graduate level at Starr King School of Ministry in Berkeley, California. Ms. Sobonya worked as the Bereavement Outreach Educator at Pathways Hospice in Oakland, California for over 17 years.

FEE

There is no charge to attend this workshop.

CREDIT

Nurses: 3 Contact Hours. No partial credit will be awarded. IBN #87 Mercy Iowa City. Contact hour fees will be paid by Iowa City Hospice.

This workshop meets the Iowa Department of Public Health Professional Licensure Bureau criteria for contact hours for professional social workers and nursing home administrators.

For further information, please review www.idph.state.ia.us/licensure.

REGISTRATION

Registration is available on a first-come, first-served basis. Registration **must be received by Friday, February 19, 2010**. Fax or mail the attached form or register online at:

<http://thegiftsofgrief.eventbrite.com>.

*If you need to cancel, please contact Iowa City Hospice as soon as possible so that the space may be made available to other attendees.

Questions? Contact 319-351-5665, 800-897-3052 or keila.naparstek@iowacityhospice.org

Register on-line at <http://thegiftsofgrief.eventbrite.com>. You may also register by faxing this form to 319-351-5729 or by mailing it to: Iowa City Hospice, The Gifts of Grief, 1025 Wade St., Iowa City, IA 52240. **Registration must be received by Friday, February 19, 2010.**

Name _____ Agency/Organization _____
Address _____ City _____ State _____ Zip _____
Phone _____ Fax _____
Email _____
Profession _____ License number _____

Yes, I would like a certificate of attendance.